

Presenting:

Bear Tracks

The official newsletter of the U.C. Hiking Club/A.S.U.C.

Welcome to the Fall 1988 season of the U.C. Hiking Club !

As you have probably gathered by now, the members of this club are not just into hiking, but we are interested in most other outdoor activities as well. In fact, you may find that we spend more time on backpacking, mountain biking, skiing, and other activities than we ever spend just hiking. Yes, we have considered changing our name on several occasions, but so far no one has had the guts to do it. After all, we've been the U.C. Hiking Club for over forty years now! Then again, there have been so many new developments recently that if there ever was a time to change the name, it would probably be now. With our new office (605a Eshleman), our new activities (such as mountain biking) and our new arrangements with Cal Adventures (not to mention our new officers), it's almost like a whole new club. In any case, we hope that you take every chance to be an active part of our club!

This brings me to another point: this newsletter. The purpose of this newsletter is to help members stay informed about club activities. Ideally, we would like to publish it every month or so, but from a practical standpoint there is simply too much information for one person to keep up with. If you have participated in a club activity, it would really help us if you would write a few lines about it. It's an easy way to let other people know about what you and your group did, or to announce a trip or event that you're having.

If you have a MacIntosh, you can just type it straight into the computer and we can transfer the file straight to our newsletter disk. This would greatly increase the probability of members being able to enjoy another edition of Bear Tracks!

Best wishes to all of our members for a successful semester and Welcome Back!

Rex Frobenius,
BEAR TRACKS Editor



Animal samaritans

Weekly Meetings

Members of the Hiking Club have been holding meetings on a weekly basis. This provides people with a chance to keep in touch with each other, as well as check up on what's happening in the club. At the

meetings, people can offer suggestions for future trips, or just tell about trips they have done in the past. We usually set up a slide projector so that people can share slides as well. (This is a prime opportunity to see slides from recent club trips.) The whole thing is really informal, so feel free to drop by and join us (and bring some slides)! The meetings are held **WEDNESDAYS at 6:00 p.m. in our office, 605a ESHLEMAN HALL.** See you there!

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Club Rosters

Club rosters are now available to members. The rosters are intended to help members get in touch with each other, either before or after club events. We've also listed people's interests so that people can see what types of activities members are most interested in. To get a roster, stop by the office either during lunch or better, at the weekly meeting.

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T-Shirts

We have come out with t-shirts for the Hiking Club. The design is the same as the sign on Sather Bridge, in grey, on a kelly green shirt. They cost \$8 each, and we have a minimum quantity (~20) left. So, if you're interested in getting a shirt, you should let us know now. If you want one, stop by one of the meetings soon!

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Officers:

President:	Sean	486-0425
Vice President:	Rex	527-1083
Treasurer:	Joe	848-0609
At Large:	Rachel	
	Mike	653-5431
	Dave L.	549-6125
	Larry	486-0854
	Margot	527-9318
	Mike V.S.	
	Mike C.	
Ultimate:	Sandy	540-5316
Ambassador to the Sierra Club:	Brad	524-9629

Calendar

Sunset Hike 9/9 Easy, low commitment trip, all welcome! Meet at Sproul fountain (upper Sproul Plaza) Bring something to eat/dinner. Leaders: Mike & Mike

10 Lakes Backpack, 9/17 - 9/18 Moderate backpacking trip to beautiful Yosemite park. Go to wed. meeting 9/14 for more info. Leader: Sean

Moon Hike, 9/24 A moonlight walk on beautiful Mt. Tam. Leader: Sarah

Mountain Biking in the Sierras, weekend of 10/8 or 10/15, TBA (see bulletin board outside our office). May not be recommended for beginners. Car camp, two or more day rides near Yosemite and in the desert near Bodie, a ghost town. Leaders: Joe and Rex

Pt. Reyes Gourmet trip, weekend of 10/22. Formal wear and at least one useless accessory required. Mandatory pre trip meeting wednesday, the week of the trip, at the regular time. Leader: Mike Bruns

Mt Tam Mountainbiking, 10/29. Day trip to famous Mt. Tam for some really fun riding! All levels welcome, you can rent a bike if you don't have one. Leaders: Rex & ?

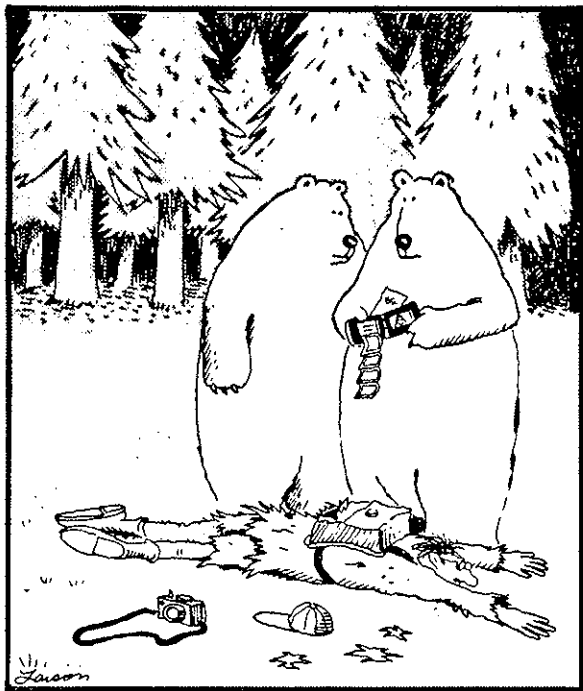
Sykes Big Sur Backpack, TBA. Repeat of an immensely popular trip last semester. Look for a write up of this trip in future issues (if we have any).

Ultimate frisbee: Join us for Ultimate every Thursday, everybody (even non-members) is welcome! See our bulletin board for time & place.

Regular Meetings: Every Wednesday at 6:00 p.m. in our office, 605a Eshleman

Other trips in the planning:

- Round Top XC Ski/Snowcamping trip
- Evolution Valley backpacking trip
- Turkey Day mountain bike ride, Thanksgiving day, Mt Tam



General Info:

I. GENERAL DESCRIPTOIN:

The U.C. Hiking Club is a social/recreational organization devoted to helping students make friends and enjoy the great outdoors. Through the Club, students can do things that they otherwise might not do, either because they don't have transportation, or because they just don't really feel like organizing a trip by themselves. Club activities are by no means limited to hiking. In fact, Club members participate in almost every type of outdoor activity. Right

now, aside from hiking, trips are focused around backpacking, cycling, mountainbiking, and skiing (X-C and downhill). The club usually does many social activities throughout the year, such as intramural teams, parties, and nights on the town. So, if the intense atmosphere of the Berkeley campus is getting you down, join us and get away from it all!!

II. HOW TRIPS OPERATE

The \$5.00 membership fee entitles you to participate in all Hiking Club trips for one year. The only other expenses involved are those which you incur yourself (such as food, gas, rentals, etc.). Thus, a weekend trip will usually cost you as little as \$20.00, depending on what kind of food you buy, the car you drive etc.. Transportation to all Hiking Club trips is by carpool.

Perhaps the most important point about how our trips are run is the fact that we are NOT tour guides, nor do we lead a tour service. Members are encouraged to participate as much as possible in the planning of trips. In fact, when possible, preliminary planning is kept to a minimum in order to encourage sponteneity and active participation on the part of the members. For this reason, the quality of the experience gained from going on one of our trips will depend greatly on what you individually contribute to that trip. One should not join the Club just because it is an inexpensive resource.

III. HOW TO GET INVOLVED

Since the Club is socially oriented, the best way to get involved is to get to know us. Come to one of our weekly meetings. We hold them every **WEDNESDAY at 6:00 p.m.** in our office, **605A ESHLEMAN**. There you can meet people who have partici-

pated in past Hiking Club adventures, as well as get information about future Club trips. We usually have a slide projector set up, so if you have any interesting slides, you should bring them! Also, if you want to help out with the Club, the weekly meetings are the best place to find out how. The whole thing is *very* informal, so feel free to join us as often as you can!

IV. MEMBERSHIP PRIVILEGES

As mentioned earlier, membership entitles you to participate in all Club activities. Members also receive copies of our monthly newsletter, *Bear Tracks*. Also, the Club provides a roster to all members, listing people's interests and phone numbers. This helps members keep in touch with each other after trips and also encourages people with similar interests to meet each other, which is really what the Club is all about (NOTE- If you do not wish to have your name and/or number on this list, you should tell us at the time you fill out your membership card). The Club has access to many resources which make trips easier, less expensive and safer for members, such as group gear, cabins, first aid kits etc.. As a service

to our members, we also have maps and a library of books on the outdoors. We have current subscriptions with *Outside*, *Backpacker*, *Bicycling*, *XC Skier*, and *Mountain Bike* magazines, so you can read them in our office instead of having to buy them. Not only that, but we also pay for film on all trips (we keep the slides in our ever growing slide library). All of these resources are available to you when you become a member of the Hiking Club!

V. LEADING TRIPS

New requirements have been established for our trip leaders as a result of our affiliation with Cal Adventures. Basically these requirements are the same as those for Cal Adventures trip leaders. This does not mean that you cannot lead a trip, but what it does mean is that somebody who has met the requirements must be along in order for a trip to be run through the Club. If you wish to lead a trip, talk to one of the officers for all the details. In general, it is always a good idea to learn basic first aid and C.P.R., even if it is only for your own benefit.

Happy Camping!!



(Courtesy Winnebago)