



## PINNACLES NATIONAL MONUMENT

The UCHC has always tried to offer trips to diversified areas. Pinnacles Nat'l. Monument is unlike either the coastal forest areas or the Sierra high country. It is "forested" with hardy greasewood, oaks, and other vegetation typical of Sonoran life-zones. The climate usually is warm and dry. In ages long gone, the Pinnacles area was the scene of violent volcanic activity. Since that time, erosional forces have been active, carving the land and rock into the tortured and often grotesque forms which give the Monument its name. Climbers visiting the area have given picturesque names to many of the massive rocks. Newcomers will have little difficulty recognizing the Hand, the Monolith, the Yaks, the Camel, and the Crud Heap.

The weekend of 15-16 November, our club will travel to Pinnacles. The climbers from the Mountaineering Section will be taking beginners on the easier climbs on both Saturday and Sunday. Less ambitious members will find nice hikes to the summit of Chalone Peak and the High Peaks. At night, first-timers to the region will share the thrills and chills of a "guided" tour through the nearby Caves, which are formed from tumbled talus blocks filling a narrow gorge. Following the Caves tour, a tire-fire may be in order. This is a time honored custom of most groups visiting Pinnacles. It is necessary to scour the roadsides for discarded tires, but the effort is worth it. Tire-fires are fascinating, non-stinky, and offer opportunity for such sport as fire-leaping.

On at least one day, some members may wish to travel by car to Old Pinnacles, located on the other side of the Monument from our usual campground. This is seldom visited, and offers natural beauties not found nearer to often-visited camps. Also in this part of the Monument, climbers may wish to make attempts on the Balconies. This beautiful formation is also visible from the High Peaks, and has never been climbed.

The Pinnacles trip will be well worth your time. Remember the date: 15-16 November. Trip leader names and other trip details will be posted in Room C one week before the trip. The nights are cool, and firewood unobtainable. Prepare yourselves accordingly. This trip will be easy and casual, so bring your wife or girlfriend -- she'll enjoy it too.

## EQUIPMENT NEEDED FOR A WEEKEND BACKPACKING TRIP

A sleeping bag is always necessary! Under it you should have a ground cloth -- an army poncho is fine -- which will help keep out moisture from the cold and usually damp ground. The poncho will also serve as protection from the rain, that ever unpredictable part of nature. At night, if it's cold, as it usually is in the winter and can be in the summer, I have found it necessary to sleep in a sweat shirt and sweat pants within my sleeping bag, (Dacron and cold at 40°). They are loosefitting and quite warm. Sleeping in hiking pants, etc., can just make the night miserable. A hooded sweatshirt is very useful during the early mornings and late evenings for warmth, and for colder days, a nylon ski parka over the sweatshirt does wonders.

For hiking, shorts of some sort are very comfortable; a pair of long pants should always be taken for very cold days or brushy hiking, or, of course, just in case you happened to get your shorts wet.

Since this is only a weekend trip, one one shirt is necessary; short sleeve and light, for you already would have the sweatshirt and parka in case of cold weather.

Changes of socks ARE necessary. At night, a clean, dry pair feels wonderful and is good for your feet. And each day you should begin with a clean pair, even possibly a change during the day, if necessary. Back-packing generally requires hiking boots. The boots will give your feet protection and support during rough portions of the trip. It's a good idea to wear one pair of light and one pair of heavy socks when wearing your boots. Also, tennis shoes are a welcome change after the day's hike. This means up to six pairs of socks. But if your feet hurt, you hurt, and the trip can be miserable.

On most hikes there are usually streams nearby, but if not, or you are not sure, bring a canteen or canned fruit juice.

A hat is important, I always wear one, along with sun glasses and Sea and Ski for the glare and heat. If your skin is easily chapped, bring along some skin creme.

For cooking, a two-to-four man cook kit is good, along with silverware, cups, and plates, depending on the size of the group and the variety of food served in each meal. A primus stove should be taken only as a last resort in the case of no wood at all; for snow camping, it's a must!

If you have further question or suggestions put them in the Bear Track envelope or let me hear of them.

by Bill Gardner

\* \* \* \* \*

## GARBAGE AT HIGH ALTITUDES

As the climber completes the last pitch of the climb, a feeling of exhilaration overcomes him. He walks to the summit to take in the spectacular view of the mountain landscape extending as far as the eye can see below him. Here, on the summit, the mountaineer has the feeling that he has at last escaped the multitudes back in the congested cities. Except for a small cairn and register, there is no evidence that other people have gained this last outpost of peace and serenity. But then the climber looks down and discovers that there is indeed other evidence. Previous climbers have left their fruit cans in a pile on the rocks. Through the years the pile has grown, creating a disturbing eyesore which destroys the natural scene. Too many times in my mountaineering and rock climbing experiences, have I come upon this scene. Leave evidence of your ascents in the register, not on a can pile.

John Fiske

WHAT TO TAKE ON A CAVE TRIP

I have been asked by people on the "Bear Track" to prepare a list of things to bring on a cave trip so that some of the new cavers in the club will use this and quit bringing birthday candles as their only source of light.

Ed. Note: But Tom, a Bear Track won't even burn as long as a birthday candle!

For one day cave trips I would recommend:

NECESSARY	USEFUL	UNNECESSARY
1. Two lights. In order from best to worst they would be: Carbide lamp, flashlight, candles.	1. Another light	1. Flint and steel
2. Change of clothes	2. Coveralls under some conditions.	2. Chalk
3. Boots or tennis shoes.	3. Hardhat-old Army helmet liners are OK	3. Heavy rubber boots
4. Spare carbide and water for carbide lamps	4. Spare parts for carbide lamps, extra flashlight batteries	4. Ball of string
5. Four feet of strong cord for tying on flashlight, etc.	5. More cord in a pack that you will leave outside.	5. Coat
	6. Camera, well packed in small, strong bag. Folding tripods are useful.	

For longer trips in which you will be underground in excess of eight hours I would suggest, in addition to the things mentioned above, that you also bring:

Food, water, light jacket, and a preceding night of very good sleep.

Useful items might include a first aid kit composed of an iodine swab, several bandages, and aspirin packed in a small, strong container.

For more useful data on caves and caving see the index cards on the Cave Section board in Room C Annex.

Tom Aley, Equip. Manager, Cave Sec

\* \* \* \* \*

THANKSGIVING TURKEY

Those of you who plan to leave Ber for Kings Canyon in time to spend Thanksgiving evening in the park may be interested in the following: Last year members of the caving section bought a pre-stuffed turkey which I precooked. We wrapped the precooked turkey in foil and brown paper and transported it to Shasts Cave where we enjoyed a very good Thanksgiving dinner, complete with cranberries, potatoes, hot rools, pumpkin pie and wine. A reflector oven was used to reheat the turkey. The club owns two such ovens which may be checked out from the QuarterMaster.

Ann Dacey

\* \* \* \* \*

\*\*\*\*\*  
The BEAR TRACK is the official publication of the University of California Hiking Club, published four times each semester in the Club's office, Room C, Eshleman Hall, University of California, Berkeley 4, California.  
\*\*\*\*\*

STAFF OF THE BEAR TRACK

- \* Editor: Dorothy Gasser
- \* Artists: Sam Kunkle
- \* Typists: Mary Ann Dooling
- \* Bill Gardner
- \* Bob Buddemeier
- \* Joan Bruhns
- \* Marcia Lightbody
- \* Mimeographer: Dave Rottman
- \* Marcia Caines
- \* Dick Schicible
- \* Bill Gardner

Friday, October 10, marked the beginning of a wonderful weekend in the Mt. Hoffman area, which is in the northern part of Yosemite National Park. Although we had been somewhat afraid of rain, the weather proved to be a hiker's dream; clear and warm, but always with the freshness characteristic of autumn. Even the night spent just under the mountain was surprisingly warm for that altitude and time of year.

The morning in Porcupine Flat, our first night's camp, however, was cold. Luckily, Lev Akobjanoff, a notoriously early riser, was a member of the group, and before most of us had poked our noses out of our sleeping bags, Lev had a nice fire going. After breakfast, we somehow managed to get on the road with a minimum of wasted time. The plan was to go up the road for about two miles and then cut off at Hoffman Creek, but after hearing from a roadman how steep the Hoffman Creek route was, we courageously decided to continue up the slightly longer but easier road to May Lake, on the mountain's eastern side. Mary Ann Dooling went back to get her station wagon so that we would not have to repeat the long walk back to Porcupine Flat on Sunday.

May Lake looked very refreshing after a dusty mile's climb from the road, especially for those three poor fools, John Wadman, Ed Dierauf, and Dottie Gasser, who had chosen to pack the previous five miles of road instead of having the packs driven in by Mary Ann. After a leisurely lunch, we contemplated Mt. Hoffman for a while, until Don Wainwright finally spurred us into action. From the lake, the mountain appeared to rise up quite sharply, but a little to the west it was much less formidable. (This being a hiking trip, we naturally kept to the west!) As we got higher, more and more of Yosemite became visible, until at the top one could command a wonderful view of Half Dome, Mt. Clark, Cathedral Peak (alias Unicorn Peak to Mary Ann and Ed), Mt. Dana, and undetermined mountain ranges to the north. Our own "peak" was covered with decayed granite which resembled sand, and was a surprisingly flat, extensive plateau which supported many bushes, small birds, and even what looked like a grouse. The very steep part of the mountain turned out to be lone projections of semi-loose rock, which stood out from the plateau almost like the ruins of a medieval castle. Camera bugs fired away like crazy from all angles, others explored, and Don, minus his trusty hooded sweatshirt, froze.

When we returned to camp, we found the telltale signs of our third party, which had left Berkeley Saturday morning. They soon appeared, and we all began to prepare our meals. Ed Dierauf had ambitiously decided on fresh lamb stew with dumplings and apple pie for his commissary. Needless to say, there were many anxious inquiries from the other groups as to the fate of that particular dinner. The satiated pie-eaters ultimately arrived at the camp-sing about an hour behind the more ascetic members of the expedition. Two new members, Danon from Argentina and Inge Bryhni from Norway, gave the sing real variety with songs from their own countries, while Mary Ann and Don gave forth with many of the hiking club favorites.

Next morning, groups one and two explored the backcountry while three went off to conquer the mountain. Everyone regretted that we had so little time left, for the many cirques and adjoining lakes could have absorbed us for days. As it was, we had to return to the camp by twelve. Lunches were skimpy, especially for the very heavy eaters of the previous night, and the sight of the third party's provisions lying in full view was too much. Those who had put most of their apples into pies the night before were especially tantalized by the sight of group three's apples, so sadistic measures were taken to make sure that the legitimate owners of the fruit would not enjoy them in unsympathetic righteousness. Since some lurking memory of ethics forbade out and out theft, Valdi Feindt engineered a kind of Christmas Tree in October, with all of group three's dear comrades endeavoring to place the apples as high as possible in a small pine tree nearby.

We then trotted back to the car, gleefully rejoicing over our cleverness and the success of the trip as a whole. It wasn't until a few days later that we finally heard the last of the apples. Upon seeing me at the general meeting, Danon grinned and said, "By the way, thanks for your gift." "Gift?" "Yes, you know---- the 'pineapples.'"

## PRACTICE CAVE CLIMB SAT. OCT. 18

The climb was held at Indian Rock in Berkeley amid wonderful Fall weather. The techniques of belaying, rappelling, prussiking, and rope ladder climbing were taught, as well as two different methods to tie the bowline. After the pleasant afternoon, we invaded the home of the Baylis's for an excellent dinner topped off with apple and boysenberry pie for dessert. We then had some folksinging followed by all 38 verses of "Jamcrack Joe", followed by some more folk singing. Various people spent the evening in different ways: Ann stuck a mike in Deena's face and polished her tape recorder all evening, Ray kept inventing new guitar chords, Dave kept tuning his uke from "C" to "D" and back to "C" again, and I got trapped into writing this article.

Tom Aley

## MUIR WOODS HIKE OCT, 19

No matter how many times one hikes in Muir Woods, it's always a pleasant trip. This Sunday was no exception. Even in an early morning fog and drizzle, twenty-three people showed up at West Gate. And of all things, Ray DESaussure himself met us over at the woods.

The sun came shining through by ten o'clock and the weather had that sparkling quality that brings people outdoors. In fact, everyone else seemed to be there too! Our leisurly band almost got trampled by a group of speed hikers who were charging up the mountain.

We sauntered off through the dense trees of Muir Woods to Pan Toll, where we were to eat lunch. (There's something about that place that constantly draws me there at lunch time.) The Mountain Theatre, at which point we left the woods, has a really delightful and spectacular view of the bay area. Here some lounged around in the grass, others of us tromped a little ways further for an even better view, while Ray left for Mountain Home saying something about beer.

From the theatre we too, followed the open hillside trails to Mountain Home in the late afternoon and were entering the woods again as the long shadows of the evening fell upon us.

For those who are interested, there will be another hike in this area on Sunday, November 23rd. This time, we'll conquer Mt. Tamalpais.

Don Wainwright

## YOSEMITE VALLEY OCT 25-26

At about 8:30 a.m. nine of us piled into a car, and packed Mike hiking club members (we're always in a room that's too small), headed toward the trail to Half Dome. The brisk weather encouraged rapid walking. The trail up offered a wide variety of views of the surrounding peaks with a fringe of clouds starting to move in. Aside from the black-topped portion, the trail was covered with a thick coating of the usual after-summer dust. We walked as far as the first bridge where the trail forks and took the Mist Trail to the top of Vernal Falls. Here we stopped for a brief rest. From there on, the trail wound up through constantly changing vegetation areas and finally onto the granite slopes below Half Dome. Along the trail near some of the areas with springs there were signs of bears.

The lower single rope on Half Dome, which extends from the top of the stairs, was hung neatly in a pine tree, but we went as far as the cable ladder. The slats had been taken down for the winter and piled carefully near-by. A few hardy souls climbed up a short distance anyway, but when their hands froze in a curved position from grasping the cables they came down. We were above 8,000 feet and the wind was pushing clouds around trying to hide the other peaks from us. Before leaving, those who had cameras took shot shots of the group which show how easy the trip was (most of us were sprawled flat on our backs--just to lower the wind resistance and admire the clouds, of course). Coming off Half Dome we met two other  
con't

## YOSEMITE VALLEY

cont. from page 5

members on their way up; The trip down was made at a rapid pace and we were back at Camp 4 shortly after dark. According to the signs, we had covered 16.4 miles in all.

Susanne Twight

## BEGINNERS CLIMBING IN YOSEMITE

During the Club's latest trip to Yosemite, many climbers were on hand, including a number of enthusiastic beginners. Both on Saturday and Sunday, several groups of beginners, led by the experienced UCHC climbers, devoted their time to some of the valley's easier routes.

One such group, composed of Lois Larusson, Ann Rumble, Claude Beadish, Nanette Jaffi and Don Whitton, led by Dick Scheible and Chuck Pratt, spent a day of climbing on Sunnyside Bench, finishing the day's work by rappelling to the bed of Yosemite Creek, just below the lower falls.

After refreshing themselves with cool Yosemite water, the group spent a pleasant half hour hiking back to government center by moonlight.

On Sunday, this same group, plus Marcia Gaines and Mike Karweit planned to climb on Pulpit Rock, but unfortunately, other climbing parties had already begun the standard routes, so our party had to seek elsewhere. Finally, we chose a route further East along the Granite cliffs and the entire party successfully completed the first ascent of "Pineapple Pinnacle"--named for alliteration's sake alone.

The day of climbing was brought to an end by a warm dinner back at Camp 4 before returning to Berkeley -- at the usual hour of 2 AM.

by Chuck Pratt

## CLIMBING - YOSEMITE VALLEY

On Saturday Oct 25, seven UCHCers ignored the threats of rain and proceeded to climb Lower Cathedral Rock via the overhang by-pass. On the first rope were Kreigh Ritter, Lito Tejada-Flores, and Ray Darcy. On the second rope were Charlie Raymond and Marcia Lightbody, with John Shonle and Ann on the third. The seven of us found the climb very entertaining. Highlights of the day were folkdancing on six inch ledges, numerous games of dodge ball (with rocks), and two bus loads of four for the return to Camp 4, with John's two seat Austin Healy serving as bus.

by Charlie Raymond

Early Sunday morning Charlie Raymond and Dick Scheible stumbled through breakfast and across the lower Merced River to Pulpit Rock, objective for the day. After a tricky beginning, leading off the top of a tree, the route goes around the corner on the appropriately named Improbable Traverse. This is a delicate balance climb on insignificant ledges and loose flakes. The traverse was completed in good style by all climbers present, who by now included Lito Tejada-Flores, Kreigh Ritter, and Fred Martin, with the help of a good rooting section below. The climb provided a fine exercise in fifth class climbing for everyone, and a perfect vertical rappel to round out the climb.

by Dick Scheible

## AND MORE CLIMBING AT YOSEMITE

On Saturday, Keith Howard and Marcia Gaines, followed by Dave Rottman and Gloria Ramos, climbed Washington Column as far as Lunch Ledge. A romantic moonlight rappel was enjoyed by all. Higher Cathedral Spire was done on Sunday by Ray D'Arcy and Keith Howard, followed by Dave Rottman and Gloria Ramos again, descending once more by the light of the full moon.

by Dave Rottman

## COMING ACTIVITIES

## Nov. 11, Tues. - General Meeting

It's general meeting time again! Our second general meeting of the semester will be on November 11, 1958. The meeting starts at 7:30 in the first floor lounge of Stephens Union. The program will consist of slides of the Antarctic taken and shown by a new UCHC member, Dan Burnett. Do come and see this newly explored area of the world. Refreshments will follow.

See you there,

Joan Bruhns

Nov. 15-16 - Pinnacles (See front page story.)

Nov. 21, Fri. - Folk Dancing

Senior Men's Hall is again available for the UCHC Folk Dance, November 21. This means more opportunities for scaling rafters, climbers; and the barefoot dancers can collect splinters again. Somehow, holding a folk dance in a log cabin improves the spirit of the group immensely--if it needs improving, which is certainly doubtful. So don't miss your favorite Friday night folk dances, free refreshments learning of new dances and the chance to sit out on the porch railing and cool off: during intermission or Troika. No pillars to impair your dancing. See you at 7:30 p.m.

Nov. 23, Sun. - Mt. Tamalpais Hike

All interested hikers should make it a point to meet at West Gate on November 23, (at 8:00am) to go on the Mt. Tamalpais Hike. In the past this hike has always been most pleasant, and the late fall clear days usually provide the beautiful view of the Bay Area and the Pacific Ocean. Beth Bennett (Th 5-1325) will be the leader. Oh! don't forget to bring grub and water.

Nov. 23, Sun. - Cave Trip to Mother Lode

It's time again for hail and hearty cavers to return to the Mother Lode to the scene of past crimes. All those interested should gather Saturday night, November 22 at 7:30p.m. at West Gate.

Nov. 27-30, Fri, Sat, Sun. - Kings Canyon

Kings Canyon National Park is a paradise for all those interested in the out-of-doors; sheer canyon walls and peaks for the climbers; miles of trails for the packpaker and hiker, and the largest limestone in California for the cavers. The base camp will be at Cedar Grove on the South Fork of the Kings River, weather permitting. Be sure to plan for this trip and keep posted by visiting Room C beforehand.

Dec. 5, Fri. - Folk Dancing

December 5th, the UCHC folk dancers will again meet at 7:30 in Senior Men's Hall. We will try to limit the number of kolos in favor of couple dances, but you can influence the choice of dances by requesting your favorites. Free refreshments and new dances taught early in the evening. Put yourself in your gayest mood. Fishing, hunting, and fighting allowed in Korobushka!!

December 7, Sun. - Bike Hike

How about a little practice in pedal pushing? We will most likely rent a trailer to carry our bicycles up to Napa Valley for some real, down to the road traveling. There are many beautiful ranches as well as some very notable wineries which we may be able to visit. If you don't have a bike now, make plans to borrow one and plan to make this wonderful bike hike on Sunday, December 7. A leader or persons with new ideas are encouraged to help with the planning of this trip. See the Hiking Committee chairman Don Wainwright, or call him at...Th 14239

December 7, Sun. - Rock Climb--Miraloma

This is an excellent practice site right in the heart of San Francisco. We will have instruction in the use of pitons and the mechanics of 4th class leading--beginners can try their first difficult lead close to the ground.



Pulpit Rock offers a climb which requires more ability and experience than can be gained from a few local practice climbs. For those with fifth class leading experience, it should prove a challenging climb. It is a prominent spine of granite, South of the river, across from the junction of route 140 and the Big Oak Flats Road.

The route starts from a tree, on the South face; goes up an overhang from an alcove; around to the "Improbable Traverse" and across 25 feet of rotten flakes on the East face; and then directly up to the summit. The descent is made by rappelling down the South face.

by Chuck Pratt

MEMBERSHIP LIST CORRECTIONS AND ADDITIONS

- # 9 Appfel, John 2950 Linden (Berk.) Th 50655
- 25 Bohn, Bill 2542 Dana Th 1 3381
- 34 Buddemeier, Bob 2050 Hearst Th 87547
- 53 Devore, Doris 2455 Prospect Th 59614
- 64 Engs, Bill 2620 Piedmont Th 8 3920
- 76 Heine, Friedrich 2207 Derby As37042
- 88 Greiner, Douglas 2736 DwightWay Th 14004
- 103 Jensen, Irvin 2709 Channing Th 59317
- 152 Naftel, Carol 2939 Dwight Way Th 54780
- 193 Smith, Bill 359 S. 14th St Richmond
- 212 Wainwright, Don 2332 Grove Th14239
- 230 Azevedo, Bill 2416 College Th59096
- 231 Beadish, Claude I House As36600
- 232 Boyle, Maryellen 2939 Dwight Way Th54780
- 233 Brown, Fay "I" House As 3-6600
- 234 Domokos, Mary Anna 31 Kenilworth Dr. La 4-5332
- 235 Fitz, John 1502A Cedar La 4-5524
- 236 Gong, Tom 2315 Dwight Way Th 3-6551
- 237 Herr, Gail 2939 Dwight Way Th 5-4780
- 238 Hablen, Phil 2235 McGee
- 239 Holzman, Harold 2315 Dwight Way
- 240 Kinnie, Ernest 1300 Grove
- 241 Knobel, Robert 2122 Acton Th 5-4962
- 242 Koepcke, Sharon I House As 3-6600
- 243 Larusson, Lois 2300 Vine Th5-2541
- 244 McGinnis, Helen 646 F. St. Davis
- 245 Meir, Wegerm 3606 14th Ave., Oak.
- 246 Oryall, Floyd 221 Southridge Rd., SF
- 247 Pearson, Barbara 2601 Channing Th5-9040
- 248 Robison, Gary 14622 Darius Way, SL
- 249 Taaka, James 2600 Ridge Rd. Th 5-4710
- 250 Tranter, Dame 425½ Alcatraz
- 251 White, Don 2536 College Th8-7055
- 252 Whitton, Don 2605 Durant
- 253 Kim, Chul I House AS 3-6600

UNIVERSITY OF CALIFORNIA HIKING CLUB  
 RM. C, ESHLEMAN HALL  
 UNIVERSITY OF CALIFORNIA  
 BERKELEY 4, CALIFORNIA