



BEAR TRACK  
October, 1964

## SHASTA at THANKSGIVING Sam Greene

In the white slopes arching upward toward the sad stars, there is a pause at 10,500 feet, called Lake Helen, a lake in name only, for it is always frozen. Here, where at dusk the wind begins to scream down the forty-five degree slope of Avalanche Gulch, increases its laughter until in the late night the seven-foot ski that forms the tent pole is seen to bend, rocking twenty degrees to the wind's song, and the cold descends, entering all sleeping bags, until before morning all climbers are shivering, as the cold goes down to the neighborhood of zero F., and far above, at first tinkly and distant, then whispering and near, the ice particles swing loose from the ice falls of Red Banks and come down to Lake Helen or rush past on the near slopes; climbers wait for the grayness of late night or the downfalling of the full moon.

When the full moon is there, a softness shrouds the singing slopes, and in the brittle renaissance of the yellow dark, two thousand feet above, Red Banks holds the rising of the moon while Avalanche gulch is yet in shadow, a shadow where still darker shadows move, and crampons sound above the dying wind. Toward morning, at eleven and a half thousand feet, Avalanche Gulch falls away below, and the mountain descends 8500 vertical feet from whence it undulates toward the horizon, until South at fifty miles there is Lassen, a white breast in the gray dawn, and westward the jagged ring of the Trinity Alps, and upward, Red Banks, and the ice particles tinkly and whispering, past and down. And on Lake Helen the tent is a faint redness in the slope's momentary pause.

There are ways up through Red Banks, where ice flowers bloom in the sun burst of dawn, on banks of seventy degree ice canyons down which the wind walls, thin and pure and deeply cold. Through vertical ice sheets a near sun vaguely looms, snowflake-like, and in the redness of first dawn the ice flowers flash, their petals burning whorls, giving back simultaneously the rising sun and the sinking moon. These ice flowers bloom eternally in the red frozen earth, each night resting in the deep cold, and each morning laughing in the new sun. Under crampons, like harpsichords with frozen strings, they give off a brittle and tinkling song, and when the climber hears this song, he knows that he has reached the region of high ice.

Below the ice wing of Red Banks, flaring in red dawn, Avalanche Gulch falls away 2000 feet to Lake Helen. Above, beginning at 12,500 feet and rising to 13,500 feet, is Misery Hill, not so steep as Avalanche Gulch but a heaped wilderness of hard frozen ice and crusted snow across which the wind sweeps, Arctic-cold, unchecked

since the Alaska Range. Eastward is the knife-edge of a snow-cornice that wing-like rises with Misery Hill, hiding a many-thousand foot eastward plunge. Near the top of Misery Hill, the snow cornice retreats down the eastward slope a ways, and it is possible to find shelter from the singing wind, under small cliffs facing East where the sun gives a not quite remembered warmth.

Misery Hill is down, and there--not the great soaring spire that might have been imagined, but a half-mile away, across an alta plateau at 13,500 feet where the wind screams, is the final sharp slope and the north-south marching broken teeth of the Shasta summit. It is hard to breathe, in the purity and truth, in the finality and oneness of the high Shasta air, and the feet are now picked up slowly, like lead bricks, and the body follows, an unbelieving captive of the will. The final slope is a tumbled madness of deep frozen ice, each footstep ringing metallically as though traversing volcanic cinder blocks or hollow aluminum casts; below the summit teeth, an ice couloir, and then, at 14,200 feet, the top of Shasta, and North, South, East, West, the Earth falls away in immense immortal folds, under rushing small clouds beneath a glaring sun. On all sides, down to 8000 feet, the Earth is white; thence steadily darker in forested undulations to the far-off horizon, which northward glitters in pyramids of white, toward Oregon and Rainier; southward there is Lassen, a snow-covered monolith standing 8000 feet above the central California plain, and westward the sharp-teethed spawn of the Trinity Range. The wind comes clear, thin and cold, from the otherside of Eternity, and there is nowhere to go, but down.

## CONSERVATION NEWS

Chuck Washburn

In this issue some of the recent conservation developments will be summarized and upcoming problems will be noted; some of these will be covered in detail in later issues.

The Johnson Administration was successful in getting several major pieces of conservation legislation passed during the summer: 1) the Wilderness Bill, 2) the Land and Water Conservation Fund Bill, 3) a Canyonlands National Park established in Utah, 4) an Ozark National Scenic Riverways established in Missouri, and 5) a Firs Island National Seashore established in New York. However, some of these were major compromises. For example, the Canyonlands National Park which was authorized by Congress is only about one-third as large as the Secretary of the Interior had requested.

Here in California, the State Highway Commission appears to be held off at Prairie Creek Redwoods for the time being, and the Park Service has completed their study and recommended a 53,000 acre Redwoods National Park. Proposition one on the November ballot is a \$150 million bond issue for state parks. Land acquisition would account for \$85 million of the total, the remainder going to local parks, park development, and wildlife projects.

Action on the four dams proposed in the Grand Canyon area was stalled until the next session of Congress when the Senate failed to consider S.1658, the Central Arizona Project. This legislation

sponsored by Senators Goldwater and Hayden, calls for: 1) Bridge Canyon Dam on the Colorado below Grand Canyon National Park (this dam would back water through the National Monument and into the National Park), 2) Coconino Dam on the Little Colorado at a point just west of Cameron, Arizona, 3) Marble Canyon Dam in the Marble Gorge of the Grand Canyon, just above the National Park, 4) Paria Dam on the Paria River at the Utah-Arizona border.

The Yukon River is included in two mammoth water projects which were recently proposed. The Rampart Dam Project, proposed by the Corps of Engineers, would build the largest hydroelectric dam in North America on the Yukon at a point about 75 miles northwest of Fairbanks. The reservoir formed by this dam would create a lake larger than Lake Erie, completely inundating the extensive wildlife habitat in the Yukon Flats region. The second project, NAWAPA (North American Water and Power Alliance), would divert water from the Yukon River near its source to the region of Glacier National Park, then through Idaho and Utah into the Colorado River where it would flow to Arizona and Southern California to "make the deserts bloom". A secondary feature of this project is a navigable canal from Vancouver, B. C., to Duluth, Minnesota.

## BACKPACKING IN THE WIND RIVERS

Julie Verran

This summer in July Dick McCracken and I went to the Wind Rivers with Charlie Raymond, Trish Taylor, and Royal and Liz Robbins. Our plan was to go from Big Sandy Campground to the Cirque of the Towers, spend about a week there, and then to go on to Grove Lake, near Mt. Hooker, and then go out over Hailey Pass to Big Sandy again. We planned for 17 days. We were fully equipped for climbing anything up to a Grade VI and this meant tremendously heavy packs. We were all so heavily loaded throughout the trip that the backpacking portions of it were less fun than the beautiful country warranted.

We had been told that we could equip ourselves completely at Pinedale, but we didn't believe it and came with all our gear and food, except last minute items. And a good thing, too! There is a variety of food available, including freeze-dried, and excellent fresh meat. But in general you can't count on getting much there except fishing lures. Royal said shopping in Pinedale reminded him of "Bad Day at Black Rock".

The Forest Service Office there didn't have topo maps and told us that the country we intended to go into was impassable because of snow. Trish and I spent a long time making patiers for four people--we all carried ice axes, and neither were really necessary for the girls at least. We encountered almost no snow on any trail the whole time.

The Wind Rivers are more open than the Sierra in that there are no deep canyons, at least in the Southern part of the Range. Cross-country travel would appear to be very easy. We also never saw any brush. Sheep are run in the range in late summer and this results in some pollution and much damage to the plant life. There weren't nearly as many flowers as there should have been. The shepherders also leave a lot of junk lying around their camps.



We used the Wind Rivers Field Book from Bonney's Guide. It is useful but it is a bit hard to find information in it because of the way it is arranged. Bonney's Grade VI's can be climbed by competent females (accompanied by males) in half-a-day.

There is a lot of climbing that is yet to be done in the Range. Much of it is not to be found in Bonney's guide, though he does give some ideas of areas to try. A moderately competent party could do many first ascents of pleasant and even impressive-looking faces and buttresses. Hiking Clubbers take notice. Some places the rock is rotten but in general it is good granite, with large crystals.

There are still routes to be done in the Cirque of the Towers, mostly hard ones. Dick, Royal, and Charlie did the first traverse of the whole cirque from Pingora to Warbonnet in  $1\frac{1}{2}$  days, and Royal and Charlie did the first ascent of Plumline Buttress.

We were able to catch all the fish we could possibly eat, using a lure and a handline, in a short time. A party could carry in less food than we did and count on using fish for protein.

We went over Lizard Head Pass to get to Grove Lake. We decided afterwards that the best route was to follow the trail mentioned in Bonney's guide (hard to find) to its high point, which is above the true high point of the pass; drop down to the true high point and go down South Forks Lake Valley cross country. This is much shorter than following the trail all the way along the ridge.

The country around Grove Lake is really lovely. I thought it much nicer than Cirque of the Towers. The men climbed the North face of Mt. Hooker in  $3\frac{1}{2}$  days, while we females moved the camp to the top of Hailey Pass.

We went back to Big Sandy Campground by way of the Fremont sheep trail. They had started bringing sheep in. I would not recommend this trail to anyone. At least I was able to take plenty of "horrible example" pictures. Dick won't eat lamb anymore after that experience.

I look forward to going back sometime and exploring more than we were able to.

(Ed. note: the Wind Rivers Range is in Wyoming.)

(Further Ed. Note: The Bear Track requests articles from many people, narrating trips, explaining mountaineering and woodlore, angry, complimentary, or complacent letters, usw. Also we would like to have the services of a cartoonist or illustrator. Any information about old members, new members, or intermediate members would also be interesting.)

U.C. HIKING CLUB MEMBERSHIP LIST FALL 1964

G Th3-8953 Abramovitz, Michael...1436 Spruck Street  
 U Adams, Henry...1720 Delaware  
 G Adams, Richard...5756 Vicente, Oakland  
 U Th1-9544 Adler, Louise...2401 Fulton  
 U C14-4204 Ahngey, Mary...4 Sand Hill Road, Orinda  
 A Akobjanoff, Lev...2726 Hillegass  
 U Th5-4780 Allen, Peggy...2939 Dwight (311 Peixotto)  
 U La4-2546 Angell, Dick...1135 Walnut  
 U Th5-4780 Angevine, Gail...2939 Dwight (421 Peixotto)  
 U Th8-6600 Arbeit, Bruce...International House  
 U Th5-4790 Arensberg, Meg...2939 Dwight (311 Peixotto)  
 G 534-9513 Armstrong, Sue...3308 Wisconsin, Oakland  
 U Arnow, Eleanor  
 A Asld, Lew...Standard Oil Co., Albany  
 U Th1-7493 Atwater, Tanya...2331 Russell  
 U Th5-9041 Bailey, Marian...2521 Channing  
 E Th1-0105 Baldridge, Jim...2413 Jefferson  
 U Th9-1220 Bardfield, Susan...2400 Durant (Spens-Black)  
 U Th5-4780 Barksdale, Rhonda...2939 Dwight (Peixotto)  
 A Baron, Bob...2486 Shattuck # 338  
 W Th1-7135 Billig, Pat...2409 Jefferson  
 U Th3-9329 Brod, John...1636 Spruce  
 U Th5-1003 Brodie, Bruce...2531 College  
 A Th3-0750 Bruce, Jerry...225 L Street, #18, San Francisco  
 U Byxbe, Mike ...2813 Shattuck  
 W Th8-6991 Cafferatta, Steve...1921 Francisco, B.3.  
 U Campbell, Colin...2708 Benvenue  
 U Th5-9005 Carrick, Pat...2721 Haste  
 U Th9-0494 Chapman, Priss...1591 Hawthorne Terrace  
 U Th5-9460 Colwell, Jorie...2250 Prospect Court  
 G Th5-5473 Conrad, Bruce...3009 Claremont Ave.  
 W Th59476 Cowley, Jill...2727 Haste  
 U Th9-1220 Crehan, Barbara...2400 Durant (Ida Sproul)  
 U Th8-2886 Davidson, Mary...Stern Hall  
 U Th5-4780 Davis, Brad...2939 Dwight  
 U DeBord, Noel...2315 Dwight  
 G Th8-2618 Deeds, Elizabeth...1403 Scenic  
 U Th3-665 DeGraaf, John...2315 Dwight # 301  
 U Th3-0750 DeRoux, Ken...2637 Durant # 202  
 U Th8-9669 DeVault, Robert...2732 Durant  
 G Deves, Mike...1958 Sacramento San Franxisco  
 U Th1-0105 Dunn, Joe...2413 Jefferson  
 U Th5-9044 Edmunds, Marianna...2830 Bancroft  
 U Eiland, Emmett...2980 Adeline  
 U Th8-5900 Enson, Vera...2527 Ridge Road  
 G Th1-1377 Faust, John...1568 Euclid  
 A Th1-1337 Faust, Suzanne...1568 Euclid  
 F Th5-7406 Finegold, Len...2201 Glen  
 G O13-9401 Fitz, John...518 55th St., Oakland  
 U Th5-4780 Frazer, Marilyn...2939 Dwight (Mitchell Hall)  
 G Th5-0075 Freedman, Richard...2726 Hillegass  
 F Freedman, Marvin...2595 Buena Vista  
 G Th5-1406 Gerhard, Paul...2124 Parker #104

U Th5-9476 Geries, Lynne...2727 Haste  
 U Th3-2173 Gessert, Beth...2639 Regent  
 G Th5-6722 Glatzer, Bernice...2419 Durant #38  
 U Th5-4780 Graf, Al...2939 Dwight (209 Smyth)  
 E Th1-7493 Greene, Sam...2331 Russell  
 U Th9-1220 Hailer, Harvey...2400 Durant (814 Norton)  
 U Th1-8455 Halpern, Marc...2735 Benvenue  
 U Th5-9180 Halverson, Lloyd...2520 Durant  
 G Th8-3780 Harbo, Douglas...125 Panoramic  
 U Th8-9787 Harig, Dick...2434 Piedmont  
 U Th8-2886 Haseltine, Kit, Stern Hall  
 U Th3-6203 Haseltine, Mike...2140B California  
 U Th5-9195 Henke, Curtis...2713 Haste  
 G 652-9954 Herman, Mark...5825 Keith, Oakland  
 E Th3-2173 Hershey, Kay...2639 Regent  
 U Th5-9044 Higgins, Mary...2830 Bancroft  
 U Th5-9234 Holt, Dennis...2531 Ridge Road  
 U Th5-9150 Horowitz, Liz...2335 Warring  
 G Th8-6600 Hull, Peter...International House  
 G Th8-9787 Huntington, Tom...2434 Piedmont  
 A La4-8138 Iscol, Lew...1345 Washington Ave., Albany  
 U Johnson, Brian...2429A Ellsworth  
 E Th3-9090 Kaplan, Allan...1518C Grant  
 G Th3-7376 Knoebel, Art...2122 Acton  
 U Th5-9396 Kolouch, Peggy...2521 Channing  
 U Th5-9460 Krentz, Nancy...2250 Prospect  
 U Th5-9638 Laughlin, Kathy...2520 College  
 G Lavezzo, Kenneth...2050 Hearst #6  
 U Th8-1599 Ledford, Catherine...2427 Haste  
 G Th3-4559 Leeper, Ed...1731 $\frac{1}{2}$  Francisco  
 U Th1-8325 Levi, Louise...2336 $\frac{1}{2}$  Grove  
 U Th8-2886 Loewenstein, Ann... Stern Hall  
 U Th8-8531 Lorentz, Blake...2215A Blake Street  
 G Th9-1730 Loughman, Mike...2713 Derby  
 U Th8-5900 Lubar, Ann...2527 Ridge Rd.  
 U Th1-6739 Madsen, Helen...2325 Howe Street  
 U Marks, Jan...2731 Durant  
 A Ba1-6790 Marquardt, Bill...350 Fourth Avenue, San Francisco  
 U Marsh, Sue...2741 Woolsey  
 U Th5-3020 Marshall, David...2441 Haste #26  
 U Th8-1030 Marshik, Larry...2140 Oxford  
 U Masterson, Bill...2124 Parker #4  
 U Th3-3246 Mates, Maureen...2900 Garber  
 U Th5-1406 Mathey, Tom...2124 Parker #104  
 G Th5-7406 Mayer, Pete...2201 Glen  
 U Th8-2886 McGinley, Kathy... Stern Hall  
 E Th3-7664 McGinnis, Helen...2215 Roosevelt  
 G Meier, Dan...1156 University  
 U Meyer, Richard...2328 Webster  
 G Th3-6551 Miedema, Dave...2315 Dwight Way  
 U Th8-1399 Miller, Barbara...1640 Francisco  
 U Th1-7622 Mortimer, Steve...2650 Haste (510 Ehrman)  
 G Th1-0105 Nelson, Dick...2413 Jefferson  
 U Th8-2886 Nelson, Margaret...Stern Hall  
 U Th5-4780 Neubower, Mike...2939 Dwight (504 Smyth)

U Th5-9238 Newcomer, Dianne...2721 Haste  
 G Th5-5838 Nunes, Tom...2336 Bancroft  
 U Th5-9120 O'Flaherty, Joe...2520 Durant  
 U Omori, Peggy...2226 Durant #208  
 U Th3-6832 Orme, Sandy...1773 Oxford #3  
 A Th3-5470 Orser, Bob...2927 Lorina  
 U Th8-9669 Oster, John...2732 Durant  
 U La7-1525 Parsons, Keith...1244 Grove  
 U Patera, Alan...1419 Grove  
 U Th8-2886 Pearce, Anne...Stern Hall  
 U Th8-5900 Pearce, Judy...2527 Ridge Road  
 U Th1-6313 Petrich, Dianne...2650 Durant (403 Freeborn)  
 U La4-7572 Qamar, Tony...117 Purdue  
 U Th8-6486 Quan, Ross...2523 Ridge Road #317  
 U Th9-1220 Pettinger, Larry...2400 Durant (701 Norton)  
 U Pratt, David...554 Coventry Road  
 U Th3-8555 Rademacher, Kurt...1326 Arch  
 F Th5-8065 Raphael, Bert...373 Gravatt Dr.  
 U Th1-7622 Reid, Ann...2650 Haste (811 Cunningham)  
 U Th8-9346 Rite, Alan...1519 Arch  
 E La4-5762 Ritter, Krehe...1130 Spruce  
 U Th8-4010 Robbins, Don... Bowless Hall  
 U Th1-7622 Routhier, Alan...2650 Haste (214 Griffiths)  
 U Th5-4780 Russell, Don...2939 Dwight  
 U La4-9104 Russell, Lang...887 Indian Rock  
 G De3-7108 Sacherer, Frank...2514 Regent  
 U Th8-6248 Schaffer, Jeffrey...2536 Piedmont #2  
 U Th5-9120 Schoebfle, Mark...2520 Durant #17  
 A Th3-6203 Selby, Carla...2140B California  
 U Th8-1030 Seto, Gerald...2140 Oxford  
 U Sheats, Michael...2816 Grove  
 U Th8-2886 Shuey, Diana...Stern Hall  
 U Th5-9120 Smith, James...2520 Durant  
 U Th1-7622 Smith, Judy...2650 Haste (403 Cunningham)  
 U Th5-9126 Southwell, Bill...2411 Bowditch  
 U Th9-1220 Spencer, Mary...2400 Durant (714 Spens-Black)  
 U Th5-2471 Spice, Ken...2613 Durant  
 U Th9-1220 Squires, Don...2400 Durant (515 Priestly)  
 U Storer, Jon...2548 Cedar  
 E Th1-7436 Sturgis, Howard...2307 California  
 U Th8-6590 Sumner, Diana...2221 Vine  
 U Th5-7022 Taylor, Lyn...2526 Hillegass  
 U Th1-0105 Taylor, Tim...2413 Jefferson  
 U Thomas, Jerry...2562 LeConte  
 G Th5-9608 Thomas, July...2717 Haste  
 U Th9-4756 Thurston, Carol...2355 Hilgard #2  
 U Th5-9603 Tinker, Brian...2729 Elmwood  
 U Torres, Ernesto...2639 Hillegass  
 U Townsend, John...2669 LeConte  
 U 534-2477 Tozer, Josefa...4327 Atlas Ave., Oakland  
 U Th5-4780 Trafton, Susan...2939 Dwight (102 Mitchell)  
 U Th8-1030 Tripp, Mike...2140 Oxford  
 G 018-4056 Ulrich, Roger...3130A College  
 G Th9-2559 Varrentzoff, Chela...2416 Dwight #1  
 A Th1-1387 Verran, Julie...P.O.Box 1093

U Th8-7847 Vold, Wylde...2236 Durant  
 U Walters, Al...1835 Hookston, Concord  
 G La4-7745 Washburn, Chuck...344 Coventry Road  
 G Th3-6632 Whipperman, Bruce G...1701 Allston Way # 2  
 U Th9-1220 Widess, Jim...2400 Durant (710 Norton)  
 U Wilson, Dianne....2446 Dana  
 G Wood, John...1436 Oxford  
 U La2-6735 Woodard, Kathy...3352 Encinal  
 U Th8-1440 Woody, Roger...2511 McGee  
 U 234-4282 Wylie, Cheryl...1509 Cypress Ave., Richmond.

U = Undergraduate 122  
 G = Graduate 31  
 E = Employee 7  
 F = Faculty 3  
 A = Associate 10  


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 Vice-President . . . . . Dick Nelson  
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 Corresponding Secretary . . . . . Chela Varrentzoff  
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     Mike Haseltine  
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# EDITORIAL

ARE WE LEADERS OR FOLLOWERS?

John Fitz

It appears to me that over the years the amount of leadership shown by members, not just of UCHC but other organizations and groups, has declined steadily. Where formerly there were strong councils and elected officers, and membership in these over-seeing bodies "meant something", and people were really interested in what was going on there, there seem to be now few people with desire to be leaders, membership on such bodies means very little, and activities take place with a minimum of concern by anyone. Perhaps this is just as well, not to be tangled in harnesses of procedure and business meetings, not to have explosive disputes, such as the BMRG cookie-selling of the past, but I wonder what has happened to the leadership spirit that used to be present. If it be lost, were it well lost? Do we want more active committees, more active club leaders? Are we in fact more content to follow whoever leads even a little bit? Do we care less what goes on now than before? I think something is wrong when the election of a new Ex Com does not take place as if people were unwilling or complacent about assuming positions of leadership. We always say, "I haven't time", or "I don't know enough", or some such excuse; perhaps truly, but it is a clear indictment that we are mostly followers.

What do I suggest? First, what are the problems which concern the club? How do we go about aiding the fight to preserve wilderness? How do we go about the problem of educating people to care for and appreciate wild and natural areas? Is there anything we can do to share our varied experiences with outdoor activity more than we do now? Does the program as sponsored by the club now meet all the needs and wishes of members and nonmembers? Should club equipment be increased, modified, circulated more? Would a program of study of California's High Sierra and other areas be useful or worth worrying about? Or is everything now satisfactory?

One thing members might read are some of the old scrapbooks and old Bear Tracks to get an idea of the Hiking Club of the past.

The following information was obtained from the records of the  
 Department of the Interior, Bureau of Land Management, on the  
 subject of the proposed acquisition of the land described in  
 the attached map, to-wit: The land described in the attached  
 map is situated in the County of [County Name], State of  
 [State Name], and is owned by [Owner Name]. The land is  
 currently being used for [Current Use]. The proposed  
 acquisition of the land is for [Proposed Use]. The  
 acquisition of the land is authorized by [Authority]. The  
 acquisition of the land is subject to the following conditions:  
 1. The acquisition of the land shall be subject to the  
 terms and conditions of the [Document Name].  
 2. The acquisition of the land shall be subject to the  
 terms and conditions of the [Document Name].  
 3. The acquisition of the land shall be subject to the  
 terms and conditions of the [Document Name].  
 4. The acquisition of the land shall be subject to the  
 terms and conditions of the [Document Name].  
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 terms and conditions of the [Document Name].  
 10. The acquisition of the land shall be subject to the  
 terms and conditions of the [Document Name].