

# *JOIN US!*



HIKING • BIKING • SKIING • BACKPACKING • MOUNTAIN BIKING

## *GENERAL INFO FOR NEW MEMBERS*

## I. GENERAL DESCRIPTION:

The U.C. Hiking Club is a social/recreational organization devoted to helping students make friends and enjoy the great outdoors. Through the Club, students can do things that they otherwise might not do, either because they don't have transportation, or because they just don't really feel like organizing a trip by themselves. Club activities are by no means limited to hiking. In fact, Club members participate in almost every type of outdoor activity. Right now, aside from hiking, trips are focused around backpacking, cycling, mountainbiking, and skiing (X-C and downhill). The club usually does many social activities throughout the year, such as intramural teams, parties, and nights on the town. So, if the intense atmosphere of the Berkeley campus is getting you down, join us and get away from it all!!

## II. HOW TRIPS OPERATE

The \$5.00 membership fee entitles you to participate in all Hiking Club trips for one year. The only other expenses involved are those which you incur yourself (such as food, gas, rentals, etc.). Thus, a weekend trip will usually cost you as little as \$20.00,

depending on what kind of food you buy, the car you drive etc.. Transportation to all Hiking Club trips is by carpool.

Perhaps the most important point about how our trips are run is the fact that we are NOT tour guides, nor do we lead a tour service. Members are encouraged to participate as much as possible in the planning of trips. In fact, when possible, preliminary planning is kept to a minimum in order to encourage spontaneity and active participation on the part of the members. For this reason, the quality of the experience gained from going on one of our trips will depend greatly on what you individually contribute to that trip. One should not join the Club just because it is an inexpensive resource.

## III. HOW TO GET INVOLVED

Since the Club is socially oriented, the best way to get involved is to get to know us. Come to one of our weekly meetings. We hold them every **WEDNESDAY at 6:00 p.m.** in our office, **605A ESHLEMAN**. There you can meet people who have participated in past Hiking Club adventures, as well as get informa-

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tion about future Club trips. We usually have a slide projector set up, so if you have any interesting slides, you should bring them! Also, if you want to help out with the Club, the weekly meetings are the best place to find out how. The whole thing is *very* informal, so feel free to join us as often as you can!

If you can't make it on Wednesdays, we also play ultimate frisbee on Friday evenings. These games are also informal (but they do get intense at times). Call one of the officers to find out when and where we play.

## IV. MEMBERSHIP PRIVILEGES

As mentioned earlier, membership entitles you to participate in all Club activities. Members also receive copies of our monthly newsletter, *Bear Tracks*. Also, the Club provides a roster to all members, listing people's interests and phone numbers. This helps members keep in touch with each other after trips and also encourages people with similar interests to meet each other, which is really what the Club is all about (NOTE- If you do not wish to have your name and/or number on this list, you should tell us at the time you fill out your membership card). The Club has access to many resources which make trips easier, less expensive and safer for members, such as group gear, cabins, first aid kits etc.. As a service to our members, we also have maps and a library of books on the

outdoors. We have current subscriptions with *Outside*, *Backpacker*, *Bicycling*, *XC Skier*, and *Mountain Bike* magazines, so you can read them in our office instead of having to buy them. Not only that, but we also pay for film on all trips (we keep the slides in our ever growing slide library). All of these resources are available to you when you become a member of the Hiking Club! Official Hiking Club T-shirts are also available.

## V. LEADING TRIPS

New requirements have been established for our trip leaders as a result of our affiliation with Cal Adventures. Basically these requirements are the same as those for Cal Adventures trip leaders. This does not mean that you cannot lead a trip, but what it does mean is that somebody who has met the requirements must be along in order for a trip to be run through the Club. If you wish to lead a trip, talk to one of the officers for all the details. The Club can pay for all or part of the cost of your training through Cal Adventures, depending on how many trips you lead for the Club in a given semester and on the current funding status of the Club. Again, if you would like more details, you should talk to one of the officers. In general, it is always a good idea to learn basic first aid and C.P.R., even if it is only for your own benefit.

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(clip here for handy reference)

## Contact Numbers

<u>Name</u>	<u>Phone</u>	<u>For info about:</u>
Sean Eagan	549-3136	The Future of The Club
Joe Scott	848-0609	Equipment Matters
Rex Frobenius	527-1083	T-Shirts/Membership
Sandy Wisch	540-5316	Ultimate Frisbee/Bear Tracks
Mike Childress	843-1521	Ventana Wilderness/Bio 1
Glenn McElhoe	849-9013	First Aid